

ITEM	REFERENCIA	TÍTULO	AUTORES	AÑO	REVISTA	BASE DE DATOS	PAÍS	IDIOMA	PALABRAS CLAVE	RESUMEN	METODOLOGIA	INSTRUMENTOS	TIPO DE INTERVENCIÓN	ETIQUETA	DOI	NO. DE VECES CITADO	QUÉN APORTA VANESSA, TANIA, DIANA
1	Rush, W., Proyer, R. T., & Weber, M. (2010). Humor as a character strength among the elderly: The moderating role of life satisfaction. <i>Journal of Positive Psychology</i> , 5(1), 1–10.	Humor as a character strength among the elderly: Theoretical considerations and the moderating role of life satisfaction.	Willibald Rush, René Proyer, Marco W.	2010	Dtschrift für gerontologie und geriatrie	Web of Science	Suiza	Inglés	Envejecimiento, Fortaleza de carácter, Humor, Envejecimiento, Fortaleza de carácter, Humor, Envejecimiento	La psicología positiva es un enfoque científico dentro de la psicología que	Descriptivo	No aplica	No aplica	Humor y fortalezas de cara	10.1007/s00391-009-0080-2	31	Vanessa
2	Wetherholt, S., & Proyer, R.T. (2016). Who benefits from humor-based positive psychology interventions? The moderating role of life satisfaction.	Who benefits from humor-based positive psychology interventions? The moderating role of life satisfaction.	Sara Wetherholt, René Proyer, Willibald Rush	2016	Frontiers in Psychology	Scopus	Suiza	Inglés	Happiness;Humor;Personality;Positive psychology;Positive psychology interventions;Moderating	The evidence for the effectiveness of humor-based positive psychology interventions	Correlacional	Escala del Sentido del Humor (HSQ)	No aplica	Humor y personalidad	10.3389/fpsyg.2018.00821	18	Diana
3	Mathes, A. (2013). The indirect effect of compassion on well-being: The moderating role of moral intelligence. <i>Journal of Positive Psychology</i> , 8(1), 1–10.	The indirect effect of compassion on well-being: The moderating role of moral intelligence.	Mathes, A.	2013	Dtschrift für Psychologie	Scopus	Rumania	Inglés	Adult;Empathy;Female;Humans;Male;Morals;See Faculty	The junction between moral psychology, humor, and some specific personality traits is not fully understood.	Correlacional	PhiPhiCat-30	No aplica	Humor y personalidad	10.1186/143059-023-01063-2	1	Diana
4	Alcan-Choy Young, Y., & Meier, N. (2022). Understanding Emotion Regulation and Human Styles in Individuals with Causophily. <i>Frontiers in Psychology</i> , 13, 915302.	Understanding Emotion Regulation and Human Styles in Individuals with Causophily.	Young, A.C. and Kuranides, M.N.	2022	Frontiers in Psychology	Scopus	Reino Unido	Inglés	Adolescent;Adult;Aged;Aggression;Antisocial Personality	Altruism is a personality trait which is characterized by impairments in emotional regulation.	Correlacional	Cuestionario de estilos de humor (HSQ)	No aplica	Humor y personalidad	10.3389/fpsyg.2021.2017831	1	Diana
5	Reiter, A., & Murav, Y., & Katz Frantzen, F. (2022). Laughing all the way to the lockdown: On humor, optimism, and well-being during the COVID-19 pandemic. <i>Frontiers in Psychology</i> , 13, 915302.	Laughing all the way to the lockdown: On humor, optimism, and well-being during the COVID-19 pandemic.	Abira Reiter, Yael Munk, Lotem Katz F.	2022	Frontiers in Psychology	Scopus	Israel	Inglés	Fear of COVID-19;Humor;Lockdown;Optimism;Well-being	The present paper examined the contribution of optimism and humor on well-being during the COVID-19 pandemic.	Correlacional	Cuestionario de estilos de humor (HSQ)	No aplica	Humor y bienestar	10.3389/fpsyg.2021.111164	13	Diana
6	Ortega-Martínez, A.R., & Martínez, M. (2011). Autobiographical memory and humor: The role of humor in the self. <i>Memory</i> , 19(4), 449–464.	Autobiographical memory and humor: The role of humor in the self.	Alberto Chamorro-Garrido, Encarnación Ortega-Martínez, A.R.	2011	Frontiers in Psychology	Scopus	España	Inglés	Autobiography;gratitude;older adults;sense of humor	Research has shown that happiness and well-being play a fundamental role in the self.	Cuasi-experimental	Escala de Felicidad Subjetiva (SFS)	Terapia de Revisión de Vida, Gratitud, Perdón y Sentido	Humor y bienestar	10.3389/fpsyg.2021.731119	3	Diana
7	Len Karckowicz, Mark Podolny, & R. E. Flanagan (2020) Signaling truthworthiness: The effect of leader feedback on feedback-seeking behavior. <i>Journal of Social Psychology</i> , 130(2), 189–200.	Signaling truthworthiness: The effect of leader feedback on feedback-seeking behavior.	Karakiewicz, L. and Podolny, M. et al	2020	Journal of Social Psychology	Scopus	Canadá	Inglés	Adult;Canada;Employment;Feedback;Psychological contract	Given its capacity to cultivate a range of positive outcomes in the workplace, leader feedback is an important tool for leaders to signal their truthworthiness.	Correlacional	Escala del humor (Audió), Howell y Sosik	No aplica	Humor y liderazgo	10.1080/00224545.2019.1620161	15	Diana
8	Rush, W., Proyer, R. T., & Weber, M. (2010). Changes in playfulness, creativity and honesty among older adults: The effect of leader feedback on feedback-seeking behavior. <i>Journal of Positive Psychology</i> , 5(1), 1–10.	Changes in playfulness, creativity and honesty among older adults: The effect of leader feedback on feedback-seeking behavior.	Noratana-Louie, R. and Scheffer, G. et al	2020	Psychotherapy Research	Scopus	Israel	Inglés	Adult;Age;Creativity;Female;Happiness;Human;Male;Objectives	This study comprised an examination of whether clients' playfulness, creativity and honesty increased as a result of leader feedback.	Cuasi-experimental	Subescalas Humor Afiliativo - Cuestionario de estilos de humor (HSQ)	Terapia psicodinámica y Terapia Cognitivo Conductual	Intervención humor	10.1080/10530370.2019.1649733	4	Diana
9	Juncá-Silva, A., Ruff Lopez, R. (2020) Unfriendly customer behaviors and employees' psychological capital: the role of humor. <i>Journal of Business Ethics</i> , 164(1), 1–13.	Unfriendly customer behaviors and employees' psychological capital: the role of humor.	Juncá-Silva, A. and Ruff Lopez, R.	2020	Current Psychology	Scopus	Portugal	Inglés	Health symptoms;Humor events;Mediated moderation	This study examined the indirect effect and moderators that may explain the relationship between unfriendly customer behaviors and employees' psychological capital.	Correlacional	Escala de molestias y animes laborales en el trabajo (Jurnal)	Humor y salud	10.1007/s12144-020-01618-8	3	Diana	
10	Bell, J., & Bell, J. (2019). The Impact of Humor on Development and Initial Validation of a Dementia Scale. <i>Frontiers in Psychology</i> , 10, 1–10.	The Impact of Humor on Development and initial validation of a dementia scale.	Baumgartner, G. and Reinherz, K.-H.	2019	Frontiers in Psychology	Scopus	Alemania	Inglés	Behavioral observation system;Dementia;Humor intervention	Interventions with Clinics Trained for performing in nursing homes.	Experimental	Cuestionario de estilos de humor (HSQ)	Intervención psicosocial: Clinic Clean	Intervención humor	10.3389/fpsyg.2019.00454	3	Diana
11	Vieliala, S., Prabhu, S. (2019). Spontaneous response to and expression regulation of mild tickles by humans. <i>Journal of Normal and Dysfunctional Psychology</i> , 2019(1).	Spontaneous response to and expression regulation of mild tickles by humans.	Vieliala, S. and Pina-Pascual, C.	2019	Journal of Normal and Dysfunctional Psychology	Scopus	Francia	Inglés	Adult;Age;Factors;Gender;Arousal;Carcinosis as Topic	Many studies have examined the effect of aging on the ability to regulate spontaneous responses to tickles.	Experimental	Sistema MTS100	Escala de Agitación y Calma (EAC)	Intervención humor	10.33885/jns.2018.45392	1	Diana
12	Shen, Y., & Li, X. (2019). The effect of humor on the self-image of young women's bodies. <i>Journal of Social Psychology</i> , 130(2), 189–200.	The effect of humor on the self-image of young women's bodies.	Gates, A. and Cole, N. and Fardousi, J.	2019	Body Image	Scopus	Reino Unido	Inglés	Adolescent;Adult;Affect;Body Image;Female;Personality;Social networking services	Although social networking services typically promote the thin beauty ideal, they have been found to paradoxically increase body dissatisfaction.	Cuasi-experimental	Escala de Autoestima Corporal (BAS)	Imagenes humor - Satisfacción corporal	Humor y estado de ánimo	10.1080/09640724.2019.1620161	42	Diana
13	Yigitcan, S., Ruff Lopez, R. (2020) Unfriendly customer behaviors and employees' psychological capital: the role of humor. <i>Journal of Business Ethics</i> , 164(1), 1–13.	Unfriendly customer behaviors and employees' psychological capital: the role of humor.	Pinar Yigitcan, Mehmet Güçlü, and Tevfik Ayşılık	2020	Behavioral Sciences	Scopus	Turquía	Inglés	Happiness;Hardness;Humor;Positive psychology;Resilience	The happiness, hardness and humor of students with a bachelor's degree in sport psychology.	Correlacional	Escala de Resiliencia Psicológica (PDS)	No aplica	Humor y bienestar	10.3393/bab/900006	13	Diana
14	Heintz, S., Rush, W., Hart, T., Peng, Y., Cameron, J., & Bell, J. (2019). The Impact of Humor on Development and Initial Validation of a Dementia Scale. <i>Frontiers in Psychology</i> , 10, 1–10.	The Impact of Humor on Development and initial validation of a dementia scale.	Heintz, S. and Rush, W. and Bell, J. and Platt, T.	2019	Frontiers in Psychology	Scopus	22 países	Inglés	Cross-cultural comparison;Humor;Measurement intervention	Recently, two forms of virtue-related humor, belevant and corrective humor, have been identified.	Correlacional	Escala de molestar y animes laborales en el trabajo (Jurnal)	Humor y salud	10.1007/s12144-019-01618-8	20	Diana	
15	Wellenhofer, S., Proyer, R.T., & Rush, W. (2018). How do positive psychology interventions work? A short-term placebo-controlled study. <i>Journal of Psychological Intervention in the Community</i> , 19(1), 1–10.	How do positive psychology interventions work? A short-term placebo-controlled study.	Wellenhofer, S. and Proyer, R.T. and Rush, W.	2018	Journal of Psychological Intervention in the Community	Scopus	Suiza	Inglés	Personality and individual differences	This study examined the indirect effect and mediators that may explain the relationship between positive psychology interventions and well-being.	Experimental	* Índice de Felicidad Autónoma (AFI)	Comparación del humor	10.3389/jptsc.2018.00092	2	Diana	
16	Levitin, J. (2019). I don't laugh, I cry: Exploring humor and emotion in the face of death. <i>Journal of Death Studies</i> , 23(1), 1–10.	I don't laugh, I cry: Exploring humor and emotion in the face of death.	Melton, L.M.	2019	Journal of Death Studies	Scopus	Estados Unidos	Inglés	Adaptation;Psychological;Adult;Aged;Aging;Old and sick	This study examined the relationship among humor coping, optimism, and depression.	Correlacional	Sistema MTS100	Escala de Orientación Total Relativa (TOT-R)	Humor y abandono	10.1080/08982633.2018.1473392	7	Diana
17	Khamroeva, I.I., & Chuykova, T.S. (2016). Mindfulness and self-compassion as predictors of humor styles in Russia and Tatarstan. <i>Psychology and Society</i> , 10(1), 1–10.	Mindfulness and self-compassion as predictors of humor styles in Russia and Tatarstan.	Khamroeva, I.I. and Chuykova, T.S.	2016	Psychology and Society	Scopus	Estados Unidos	Inglés	Cross-cultural research;Humor styles;Mindfulness;Self-compassion	Mindfulness and self-compassion are increasingly coming into mainstream research.	Correlacional	Cuestionario de estilos de humor (HSQ)	No aplica	Humor y Mindfulness	10.17794/ips.20160207027	6	Diana
18	Wellenhofer, S., René, Proyer, W., & Rush, W. (2018). The Impact of Humor on Development and Initial Validation of a Dementia Scale. <i>Frontiers in Psychology</i> , 10, 1–10.	The Impact of Humor on Development and initial validation of a dementia scale.	Sara Wellenhofer, René Proyer, Willibald Rush	2018	The Journal of Positive Psychology	Scopus	Inglaterra	Inglés	Belief;Humor;Influence;Intervention;Measurement intervention	This study comprised an examination of whether clients' playfulness, creativity and honesty increased as a result of leader feedback.	Experimental	Escala de felicidad y bienestar (B-Cor)	Terapia psicodinámica y Terapia Cognitivo Conductual	Intervención humor	10.1080/10530370.2018.1517624	41	Diana
19	Hoffman, Jennifer, R. (2017). Differential relationships of light and dark forms of humor with mindlessness. <i>Journal of Positive Psychology</i> , 12(1), 1–10.	Differential relationships of light and dark forms of humor with mindlessness.	Jennifer Hoffman, R. and Proyer, R. T.	2017	Frontiers in Psychology	Scopus	Suiza y Alemania	Inglés	Human; Consciousness; Positivistic; Virtue; Virtuous	This study proposed the vices/virtues model of the four facets of humor and mindlessness.	Correlacional	Escala de Felicidad Autónoma (AFI)	Comparación del humor	10.3389/fpsyg.2017.00092	20	Diana	
20	Maurerillo, M., & McCarron, J. T. (2019). The Impact of Humor on Development and Initial Validation of a Dementia Scale. <i>Frontiers in Psychology</i> , 10, 1–10.	The Impact of Humor on Development and initial validation of a dementia scale.	Maurerillo, M. and McCarron, J. T.	2019	Frontiers in Psychology	Scopus	Estados Unidos	Inglés	Personality and individual differences	This study examined the indirect effect and mediators that may explain the relationship between positive psychology interventions and well-being.	Experimental	* Índice de Felicidad Autónoma (AFI)	Comparación del humor	10.3389/fpsyg.2019.00454	31	Diana	
21	Sancrist, F., & García-Armesto, M. (2013). Humor interventions in psychotherapy and their effect on humor perception of stress and anxiety. <i>Frontiers in Psychology</i> , 4, 1–10.	Humor interventions in psychotherapy and their effect on humor perception of stress and anxiety.	Federico Sancrist, F. and García-Armesto, M.	2013	Frontiers in Psychology	Scopus	España	Inglés	Adaptation;Psychological;Adolescent;Adult;Aged;Aging;Old and sick	This study examined the cognitive components of humor.	Correlacional	Cuestionario de estilos de humor (HSQ)	Comparación del humor	10.3389/fpsyg.2013.00092	11	Diana	
22	Rush, W., Proyer, R. T., & Weber, M. (2010). Training the sense of humor with the 7 Habits of Highly Effective People. <i>Journal of Positive Psychology</i> , 5(1), 1–10.	Training the sense of humor with the 7 Habits of Highly Effective People.	Heidi, René, Proyer, R. T., and Rush, W.	2010	International Journal of Mental Research	Scopus	Estados Unidos	Inglés	Adaptation;Psychological;Adolescent;Adult;Aged;Aging;Old and sick	This study examined the relationship among humor coping, optimism, and depression.	Correlacional	Introducción El humor como una construcción valiosa en psicología (HSQ)	Terapia de 7 Hábitos del Hombre	Intervención humor	10.1515/ijmr-2010-0099	30	Diana
23	Rush, W., Proyer, R. T., & Weber, M. (2010). Mindfulness and self-compassion as predictors of humor styles in Russia and Tatarstan. <i>Psychology and Society</i> , 10(1), 1–10.	Mindfulness and self-compassion as predictors of humor styles in Russia and Tatarstan.	René Proyer, R. and Weber, M. and Rush, W.	2010	Psychology and Society	Scopus	Estados Unidos	Inglés	Cross-cultural research;Humor styles;Mindfulness;Self-compassion	Mindfulness and self-compassion are increasingly coming into mainstream research.	Correlacional	Escala del sentido del humor (HSQ)	Programa de 7 Hábitos del Hombre	Intervención humor	10.17794/ips.2010.9273	104	Tanisa
24	Martin, R., & Puffi Dorris, F., Larsen, G., Gray, K., & Kelly, W. (2003). Individual differences in uses of humor and their relation to psychological well-being. <i>Journal of Positive Psychology</i> , 8(1), 1–10.	Individual differences in uses of humor and their relation to psychological well-being.	René Proyer, R. and Weber, M. and Rush, W.	2003	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Measurement;Mental health;Positive psychology;Sense of humor	This study described the development and initial validation of the Humor Styles Questionnaire (HSQ).	Experimental	Instrumento HSQ	Validación del instrumento	10.1016/S0960-2083(02)00534-2	10	Tanisa	
25	Maslana, M., & Kuper, A. (2014). Integrating Positive Psychology and Applied Psychology: A review of the literature. <i>Journal of Positive Psychology</i> , 9(1), 1–10.	Integrating Positive Psychology and Applied Psychology: A review of the literature.	Nadia Britanny Maslana, A. and Kuper, A.	2014	European Journal of Psychology of Work and Organizational Psychology	Scopus	Canadá	Inglés	Adaptation;Psychological;Adult;Employee;Organization;Workplace	This study investigated how individual differences and personality relate to the use of positive psychology.	Correlacional	* Índice de Felicidad Autónoma (AFI)	Cuestionario de estilos de humor (HSQ)	Intervención humor	10.1080/17449770.2013.809913	13	Tanisa
26	Ledesma, M., & Ruiz, M. (2019). Differential Relationships of Light and Dark Forms of Humor. <i>Journal of Environmental Psychology</i> , 63, 1–10.	Differential Relationships of Light and Dark Forms of Humor.	Diego León-Reep, M. and Ruiz, M.	2019	Journal of Environmental Psychology	Scopus	Estados Unidos	Inglés	Belief;Light;Dark;Humor	This study examined the differential relationships between light and dark forms of humor.	Correlacional	Escala Multidimensional del Sentido del humor (HSQ)	Entrenamiento en humor adaptativo en el trabajo	Humor y Mindfulness	10.1017/sjp.2018.1111177	4	Vanessa
27	Levitin, J., & Bell, J. (2011). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 6(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	Liliane Müller, Willibald Rush	2011	Journal of Positive Psychology	Scopus	Inglaterra	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study explored the relationship between coping and subjective happiness.	Correlacional	Escala del sentido del humor (HSQ)	Entrenamiento humor	10.3389/fpsyg.2011.00028	37	Vanessa	
28	Sanchez, B., & Proyer, R. T. (2019). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 14(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	Proyer, R. T. and Sanchez, B.	2019	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study explored the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.3389/fpsyg.2019.00028	3	Diana	
29	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
30	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
31	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
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35	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
36	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
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38	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness. <i>Journal of Positive Psychology</i> , 4(1), 1–10.	The Impact of Humor on the Relationship between Coping and Subjective Happiness: Belongingness.	René Proyer, R. and Rush, W.	2009	Journal of Positive Psychology	Scopus	Estados Unidos	Inglés	Belongingness;Coping;Humor;Subjective happiness	This study examined the relationship between coping and subjective happiness.	Correlacional	Escala de felicidad y bienestar (B-Cor)	Entrenamiento humor	10.1080/17449770.2008.908002	10	Diana	
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40	Proyer, R. T., & Rush, W. (2009). The Impact of Humor on the Relationship between Coping and Subjective Happiness																